



DEPARTMENT OF THE NAVY

COMMANDER NAVAL RESERVE FORCE
4400 DAUPHINE STREET
NEW ORLEANS LOUISIANA 70146-5046

COMNAVRESFORINST 6000.1B
N01M

27 MAR 2001

COMNAVRESFOR INSTRUCTION 6000.1B

Subj: GUIDANCE ON PREGNANT SERVICEWOMEN IN THE NAVAL RESERVE

Ref: (a) OPNAVINST 6000.1A
(b) SECNAVINST 1770.3B
(c) BUPERSINST 1001.39C
(d) MANMED 15-65

1. Purpose. To provide administrative guidance for management of pregnant servicewomen in the Naval Reserve and to promote uniformity in the medical/administrative management of uncomplicated pregnancies. This guidance is not intended to, nor should it, replace good medical judgment concerning complicated or high-risk pregnancies. Safety of the expectant mother and the unborn child is the first concern when pregnant servicewomen are scheduled to perform Annual Training (AT), Active Duty for Training (ADT), or Inactive Duty Training Travel (IDTT). References (a) through (d) refers.

2. Cancellation. COMNAVRESFORINST 6000.1A

3. Discussion. Reference (a) is intended to be a single-source directive in managing pregnant servicewomen. This instruction provides additional guidance concerning pregnant servicewomen in the Naval Reserve disability system. Therefore, a Notice of Eligibility for disability benefits will not normally be issued due to the inability to perform duty as result of a pregnancy or childbirth.

4. Policy

a. Pregnant servicewomen with uncomplicated pregnancies should be considered physically qualified for AT, ADT, or IDTT with no limitations except those listed in reference (a) and this instruction.

b. AT, ADT, and IDTT may be authorized with written permission from the attending physician.

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c. AT, ADT, and IDTT, including travel to and from the training site, must be completed before the beginning of the 32nd week of gestation.

d. AT and ADT will not be authorized for the following types of activities:

(1) Advanced Pay Grade School;

(2) Marine Corps field exercises, i.e., Combined Arms Exercise, Reserve Amphibious Landing Exercise, Maritime Propositioned Squadron Exercise.

(3) Fleet Hospital Training;

(4) any geographic area requiring immunization; and

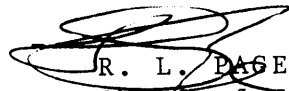
(5) any area limited by reference (a) that will prevent successfully completing AT and ADT. The type of duty a pregnant servicewoman is ordered to must be carefully considered in light of the provisions found in references (a) and (c).

e. Pregnancy is considered temporarily disqualifying for designated flight status personnel including air controllers; however, waivers may be requested up to the beginning of the third trimester per reference (a). Air controllers may work up to the 28th week of pregnancy. After the 27th week they may work in an administrative capacity only. Due to building constraints that may hamper medical evacuation, air controllers will normally be restricted from tower duties after the 27th week of pregnancy. Reference (d) refers.

f. Members will be placed in a Temporarily Not Physically Qualified (TNPQ) status by a military health care provider upon the attending health care provider's recommendation before or upon delivery per references (a) and (c). While in a TNPQ status, the member will not be authorized to participate in Inactive Duty Training (drill), IDTT, AT, or ADT. Confirmation of pregnancy by a health care provider is required before placing a member into a TNPQ status.

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g. Members will be removed from a TNPQ status at the end of the pregnancy and with a written release issued by the attending health care provider.


R. L. PAGE
Chief of Staff

Distribution: (COMNAVRESFORINST 5218.2C)

List B

C

D